



WAY TO GO!
WINSTON-SALEM
BICYCLE & PEDESTRIAN PROGRAM

The City of Winston-Salem Department of Transportation is partnering with local businesses and organizations to host a series of Bike to Work Week events during the week of May 16. All cyclists are welcome to attend any of the events, which will offer a variety of goods and services, including free mechanical inspections, free refreshments, and free advice.

2011 Bike to Work Week

MONDAY
May 16

Bike Downtown Day

Hatch
Winston Tower,
301 N. Main St.
8:00 am - 12:00 pm

Refreshments, free bicycle accessories, maps

Bicycle mechanic
8:00 - 9:00 am

TUESDAY
May 17

Bike to Market Day

Cobblestone Farmers Market
Third St. and
Patterson Ave.
10:00 am - 1:00 pm

Bicycle shops will attend to discuss equipment and advise on how to use a bicycle for shopping/errands

WEDNESDAY
May 18

Bike for Health Day

Wake Forest Baptist Health
Ardmore Cafeteria at
Wake Forest Baptist Medical Center

7:30 am - 3:30 pm
Health and Wellness Fair

THURSDAY
May 19

Bike for Gold Day

Gold's Gym
3300 Reynolda Rd.
8:00 - 11:30 am
4:00 - 7:30 pm

Food, prizes, and a free 3-day pass for anyone who bikes to Gold's Gym

FRIDAY
May 20

National Bike to Work Day

Forsyth County Government Center
201 North Chestnut St.
7:00 - 9:00 am

Refreshments, bicycle lights, advice on bicycle safety

