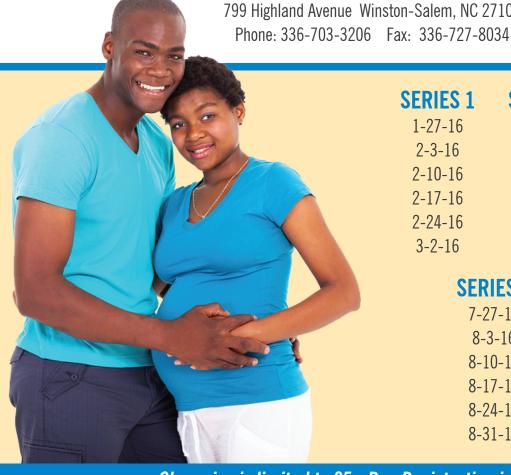
2016 PRENATAL PARENTING CLASSES

Family and Community Health Education and Outreach Section **Forsyth County Department of Public Health**

799 Highland Avenue Winston-Salem, NC 27101



SERIES 1	SERIES 2	SERIES 3
1-27-16	3-23-16	5-25-16
2-3-16	3-30-16	6-1-16
2-10-16	4-6-16	6-8-16
2-17-16	4-13-16	6-15-16
2-24-16	4-20-16	6-22-16
3-2-16	4-27-16	6-29-16

SERIES 4	SERIES 5
7-27-16	9-28-16
8-3-16	10-5-16
8-10-16	10-12-16
8-17-16	10-19-16
8-24-16	10-26-16
8-31-16	11-2-16

Class size is limited to 25 - Pre-Registration is Required!

TOPICS INCLUDE:

- Basic Infant Care and Child Development
- Injury Prevention and Breastfeeding
- □ Nutrition, Feeding and Infant Dental Health
- □ Safe Sleep, SIDS and Shaken Baby Syndrome
- Immunizations and Common Illnesses
- ☐ Family Planning and Family Dynamic

CLASSES AND LOCATION:

All classes are held on Wednesday at 4:30 to 6:00 p.m. at the Forsyth County Department of Public Health in MR2.

A light snack will be provided and remember to attend each session to earn points to shop with from our new Baby Boutique at the end of the series!

