

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY

PREGNANCY RESOURCES

PREGNANCY TESTING

Please call for appointments

Birthright of Winston-Salem FREE	336-774-0456
Family Planning Clinic – Forsyth County Department of Public Health**	336-703-3100
Planned Parenthood/Winston-Salem Health Center**	336-768-2980
Salem Pregnancy Care Center FREE	336-760-3680
Today's Woman Health and Wellness Center FREE (3-5pm on Mondays)	336-722-1818

**Places that offer reduced rates.

FAMILY PLANNING/BIRTH CONTROL

Family Planning Clinic - Forsyth County Department of Public Health	336-703-3100
NC Emergency Contraception Hotline	866-942-7762
Planned Parenthood/Winston-Salem Health Center	336-768-2980

Also available at all of the listed Prenatal Care Providers.

PRENATAL CARE PROVIDERS (OB/GYN)

Ardmore Family Practice Comprehensive Family and Maternity Care	336-659-0076
Downtown Health Plaza (reduced fees)	336-713-9700
Family Health Center – Pineridge Family Practice & Community Care	336-896-1100
Hawthorne OB/GYN Associates, PA	336-768-3632
High Point OB/GYN	336-802-2120
Lyndhurst Gynecologic Associates, PA	336-765-9350 336-993-4532 336-789-9076
• Winston-Salem office	
• Kernersville office	
• Mt. Airy office	
Maplewood Medical Center (Dr. T. Brown)	336-760-2821
Pinewest OB/GYN, Inc.	336-885-0149
Today's Woman Health and Wellness Center (reduced fees, services for women in the 27105 zip code)	336-722-1818
Triad Women's Center (High Point)	336-841-6574
Dr. Thomas Valaoras & Dr. Andrew Lewis	336-659-4777
WFUBMC Community Physicians	336-896-1100
Wake Forest Women's Health Care (King)	336-985-2100
Wake Forest University Physicians- Family Practice	336-716-4479
Wake Forest University - OB/GYN /Comprehensive Fetal Care Center	336-716-4039
Dr. Jonathan Weston	336-725-8874
Winston-Salem Womancare, PA (Accepts Medicaid for established patients)	336-765-5470
Woman's Care of Lexington	800-448-5443

All providers accept Medicaid

CHILDBIRTH EDUCATION CLASSES

Baby Love Lamaze classes/Maternity Care Coordination - Forsyth County Department of Public Health	336-703-3200
Forsyth Medical Center - includes Birth and Beginnings, Infant/Child CPR classes, hospital tours and sibling classes.	336-718-7000
Today's Woman Health and Wellness Center (services for women in the 27105 zip code)	336-722-1818

For private providers, check the telephone directory or your prenatal care provider.

DOULAS – BIRTH AND POSTPARTUM

CAPPA – Childbirth and Postpartum Professional Association www.cappa.net	888-692-2772
DONA – Doulas of North America www.dona.org	888- 788-3662
PADA – Piedmont Area Doula Association www.padanc.org	336-397-1008 866-469-0313

PRENATAL/PARENTING CLASSES

Baby Love Prenatal Parenting Classes – Family and Community Health Education and Outreach, Forsyth County Department of Public Health. Also offer Infant/Child CPR classes.	336-703-3391 336-703-3183 336-703-3206
Hope Classes – Salem Pregnancy Care	336-760-3680
Imprints for Expectant Families	336-713-9732
Today's Woman Health and Wellness Center (services for women in the 27105 zip code)	336-722-1818
Welcome Baby	336-725-2229

INFERTILITY

Chapel Hill Fertility Center	800-872-1931
Wake Forest University School of Medicine	336-716-6476 336-716-4141

ADOPTION OPTIONS

Birthright of Winston-Salem	336-774-0456
Catholic Social Services	336-727-0705
Children's Home Society – 24 hour counseling line	800-632-1400
Family Services	336-722-8173
Florence Crittenton Services	800-448-0024
Forsyth County Department of Social Services	336-703-3656
Salem Pregnancy Care Center	336-760-3680

PREGNANCY TERMINATION OPTIONS

Forsyth Women's Clinic, Inc.	336-768-2980
A Woman's Choice of North Carolina	336-272-1723 800-328-5201

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY

PREGNANT TEENS SUPPORT

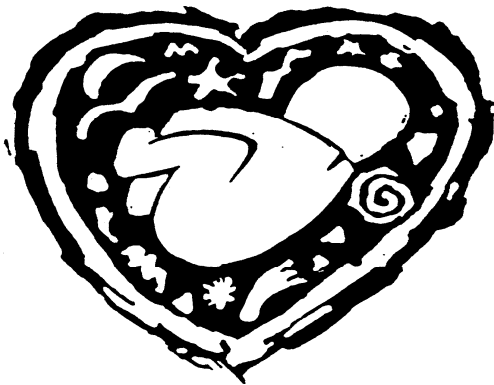
Baby Love Support Services - Forsyth County Department of Public Health	336-703-3200
Hand to Hand – Catholic Social Services	336-725-4263
Imprints for Expectant Families	336-713-9732
Social Worker for teen moms and their babies – Winston-Salem/Forsyth County Schools	336-748-4034
Teen Hope Classes – Salem Pregnancy Care	336-760-3680

HOUSING FOR PREGNANT WOMEN

Family Services	336-722-8173
Florence Crittenton Services	800-448-0024
Refuge Enrichment Center	336-725-6132
Room at the Inn	336-996-3788

SMOKING CESSATION RESOURCES

Forsyth County Department of Public Health – classes for pregnant women	336-703-3391
---	--------------



The **Baby Love Program** at the Forsyth County Department of Public Health provides monthly home visits or phone calls during pregnancy and for two months after delivery by a nurse or social worker. Additional services that are available include a video lending library, classes such as Lamaze and parenting, transportation, and a checkup in the home after the baby is born. For additional information or to enroll in the program, please call **336-703-3200**.

PREVENT PRETERM LABOR!

Preterm or premature labor happens when a woman goes into labor before 37 completed weeks of pregnancy. This is too early for a baby to be born. Babies born too soon can have lifelong or life-threatening health problems.

KNOW THE WARNING SIGNS OF PRETERM LABOR

- ☼ Contractions (abdomen tightens like a fist) every 10 minutes or more often.
- ☼ Changes in vaginal discharge (leaking fluid or bleeding from vagina).
- ☼ Pelvic pressure – the feeling that baby is pushing down.
- ☼ Low, dull backache.
- ☼ Cramps that feel like your period.
- ☼ Abdominal cramps with or without diarrhea.

WHAT YOU SHOULD DO IF YOU THINK YOU ARE HAVING PRETERM LABOR

- ☼ Call health care provider (nurse, doctor or midwife) or go to the hospital right away if you think you are having preterm labor.
- ☼ Call even if you have only one sign.

YOUR HEALTH CARE PROVIDER MAY TELL YOU TO:

- ☼ Come into the office or go to the hospital for a checkup.
- ☼ Stop what you are doing. Rest on left side for one hour.
- ☼ Drink 2-3 glasses of water or juice (not coffee or soda).

If the symptoms get worse or do not go away after one hour, call provider again or go to the hospital. If the symptoms get better, relax for the rest of the day.

Source: April 2008, March of Dimes Foundation

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY

FAMILY RESOURCES

ADVOCACY

Child Advocacy Project	336-725-9166
Guardian Ad Litum Program	336-761-2384
Lawyer Referral Service	800-662-7407
Legal Aid Society of Northwest North Carolina, Inc.	336-725-9162

BREASTFEEDING

Holister, Inc. (breastfeeding equipment rental)	847-918-3485
Imprints for Expectant Families	336-713-9732
LaLeche League - call First Line for contact	336-703-3000
Medela, Inc. (breastfeeding equipment rental)	800-TELL-YOU (800-835-5968)
Nursing Mothers' Center – Forsyth Medical Center	336-718-5636
Women, Infants and Children (WIC) - Forsyth County Department of Public Health	336-703-3359

CHILD CARE

Child Care Aware (national information web site)	800-424-2246
Child Care – Financial Assistance, Department of Social Services or Work Family Resource Center	336-703-3805 336-761-5100
Child Care Referrals/Work Family Resource Center (Services in English and Spanish)	336-761-5100
Grow a Child website – link to local resources www.growachild.org	
Head Start	336-727-0617
More at Four Preschool Program	336-714-7520
NC Division of Child Development	800-859-0829
Pequeñas Aventuras – Hispanic Services	336-442-5200
Smart Start of Forsyth County	336-725-6011

COMMUNITY DENTAL HEALTH

Smilestarters (ages 1-20) **	336-777-1272
Cleveland Avenue Dental Center**	336-703-3090
FTCC Dental Hygiene Clinic (ages 3 & up, limited services, reduced fees)	336-734-7550
Dr. Perry Jeffries (ages 1-18) **	336-748-0033
Dr. Suzanne Newsome (ages 3 & up) **	336-945-2403
Dr. Yen Nyugen (ages 3 & up) **	336-245-2690
Dr. Mark Oliver (ages 6 & up) **	336-724-5084
Dr. Eric Sadler (adult Medicaid for partials, denture & extractions only) **	336-744-1300
Dr. Bruce Peller and Dr. Paula Henao	336-759-0651

Dr. Sidney Teague II (accepts adult Medicaid for specific services)	336-765-6315
Winston-Salem Rescue Mission Dental Clinic (2 nd & 4 th Thurs. of each month, first come, first served, must arrive by 6:45am, FREE)	336-723-1848
**Accept Medicaid and Health Choice It is recommended that all pregnant women receive a routine dental checkup during their pregnancy	

COUNSELING AND CRISES INTERVENTION

ACCESS – CenterPoint Crisis Line	888-581-9988
Association of Christian Counseling	336-896-0065
Battered Women's Shelter (crisis number 24 hours)	333-723-8125
CareNet of the Triad	336-716-0822
Catholic Social Services	336-714-3232
CenterPoint Human Services – see webpage for list of providers www.cphs.org	888-581-9988
Child Abuse Crisis Intervention	800-4-A-CHILD (800-4-2-24453)
Child Protective Services – Forsyth County Department of Social Services	336-703-3500
CONTACT Help Line (10am-10pm)	336-725- HELP
Family Services	336-722-8173
Insight Human Services	336-725-8389
Postpartum Depression Helpline (national) www.postpartum.net	800-944-4773
Safe Surrender www.safesurrender.net	336-FOR-BABY (800-367-2229)
Trinity Center	336-725-3999
Welcome Baby – Postpartum Support Group and Baby Warmline (24 hour service)	336-725-2229
Community Choices, Inc. Women's and Infants Services for Health (WISH)	336-607-8513
Youth Opportunities	336-724-1412

FAMILY HEALTH SERVICES

Bethany Baptist Church Medical Clinic (2 nd Saturday, 9am-12pm)	336-767-0760
Community Care Clinic	336-723-7904
Downtown Health Plaza	336-713-9700
Immunization Clinic and information – Forsyth County Department of Public Health	336-703-3314 336-703-3100
Green Street United Methodist Church Health Clinic (Each Wednesday, 6:30-7:15pm)	336-722-8379
Old Town Medical Clinic	336-924-1552
Today's Woman Health and Wellness Center (services for women in the 27105 zip code)	336-722-1818

Information furnished by a collaboration between the Parent Education at the Forsyth County Department of Public Health, Sara Lee Center for Women's Health and Imprints for Expectant Families/Revised November 2008
Website: http://forsyth.cc/Documents/pregnancy_parent_resources.pdf

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY

Trinity Moravian Church-Sunnyside Clinic (1 st /3 rd Thursday, 5:30-7:30pm)	336-703-3200
Winston-Salem Rescue Mission, Inc. (Every Thursday, 7-8:30 a.m.) 717 Oak Street, Winston-Salem	No phone
<i>Free or at a reduced rate for children</i>	

FAMILY SUPPORT AND EDUCATION

Alpha and Omega Church	336-748-8797
American Academy of Pediatrics (national)	800-433-9016
American Red Cross (Infant/Child CPR classes)	336-724-0511
American Lung Association of North Carolina	800-892-5662
Catholic Social Services	336-727-0705
Childhood Lead Poisoning Prevention Program	336-703-3174
Exchange/SCAN - Parent Aide Services	336-748-9028
Experiment in Self-Reliance (ESR)	336-722-9400
Family Services	336-722-8173
Forsyth Medical Center – baby sign language, Infant/Child CPR classes, infant massage	336-718-7000
Forsyth Technical Community College	336-723-0371
Goodwill Industries of NWCN	336-724-3621
Hand to Hand (for first time teen mothers at Catholic Social Services)	336-725-4263
Healthy Start/Baby Love Plus - Forsyth County Department of Public Health	336-703-3189
Heartstrings Pregnancy and Infant Loss Support	336-703-9744
Homecoming Program - Advance Home Health	336-896-3100
Imprints for Expectant Families	336-713-9732
Imprints for Families With Young Children	336-722-6296
Imprints for Reconnecting Families	336-722-6296
Insight Human Services	336-725-8389
Parents Without Partners	336-788-1951
Twins Club	336-924-0214
Welcome Baby - home visitation program, Post Partum Depression Support Group, and the Under Five Support Group	336-725-2229

FATHER SUPPORT

Fathers and Friends - Forsyth County Department of Public Health	336-703-3183 336-703-3391
Imprints for Expectant Families	336-713-9732
Imprints for Reconnecting Families	336-722-6296

FINANCIAL ASSISTANCE

Child Support Enforcement	336-703-3801
Crisis Control Ministries	336-724-7453

Crisis Intervention Program	336-703-3785
Forsyth County Fire Department (smoke detectors)	336-727-8084
Home Savers USA	800-452-9572
Rescue Mission	336-723-1848
Social Security Administration	336-767-3736
Sunnyside Ministry of the Moravian Church	336-724-7558
Triad First in Families	336-724-1412
Ways to Work	336-722-8173
Wee Care Shoppe at Catholic Social Services	336-727-0705

HEALTH CARE ASSISTANCE

Health Care ACCESS	336-723-6565
Health Check/Health Choice - Forsyth County Department of Public Health (low cost health insurance for children)	336-703-3223
Medicaid - Forsyth County Department of Social Services	336-703-3803
North Carolina Family Planning Waiver	800-367-2229
Pregnant Women's Medicaid	336-703-3803

HISPANIC SERVICES

Casa Guadalupe - Catholic Social Services	336-727-4745
Imprints for Expectant Families	336-713-9732
Imprints for Families with Young Children	336-722-6296
Hispanic Center -Forsyth Technical Community Center	336-631-1325
Hispanic Service - Forsyth County Public Library	336-703-2907
International Corps Community Center (ESL classes)	336-499-1196
NC Family Health Resource Line	800-976-1922
Salvation Army Hispanic Services	336-788-7502

HOSPITALS

Brenner Children's Hospital	336-713-0000
Forsyth Medical Center	336-718-5000
Wake Forest University Baptist Medical Center	336-716-2011
FOR EMERGENCIES	911

HOUSING

Childhood Lead Poisoning Prevention Program	336-703-3174
Experiment in Self Reliance (ESR)	336-722-9400
Family Services Women's Shelter	336-723-8125
Forsyth IDA Program and related services	336-703-2680
Habitat for Humanity, Inc.	336-765-8854
Housing Authority of Winston-Salem	336-727-8500
Partners for Homeownership, Inc.	336-725-8704
Salvation Army Shelter	336-722-8721

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY

INFORMATION AND REFERRAL RESOURCES		
Birth Certificates - Forsyth County Register of Deeds	336-703-2700	
CareLine	800-662-7030	
First Line of Forsyth County	336-703-3000	
Forsyth Family (monthly magazine) www.forsythfamilymagazine.com	888-892-3204	
Forsyth Woman (monthly magazine) www.forsythwoman.com	336-749-1947	
March of Dimes Birth Defects Foundation	336-723-4386	
NC Family Health Resource Line	800-367-2229	
Piedmont Parent (monthly magazine) www.piedmontparent.com	336-983-4789	
United Way 211	Call 211 or	800-788-7232

NUTRITION		
Amos Cottage (severe feeding disorders)	336-774-2400	
Expanded Foods Nutrition Education Program (EFNEP) – Cooperative Extension Service	336-703-2850	
Food Stamps – Forsyth County Department of Social Services	336-703-3800	
“Hey, What’s Cooking?” (classes for pregnant teens) – Cooperative Extension Service	336-703-2850	
Nursing Mothers’ Center – Forsyth Medical Center	336-718-5636	
Women, Infants and Children (WIC) – Forsyth County Department of Public Health	336-703-3100	

PEDIATRIC CARE PROVIDERS All accept Medicaid		
Arcadia Family Practice	336-764-2324	
Ardmore Family Practice	336-659-0076	
Cedar Creek Family Medicine	336-784-0505	
Clemmons Family Practice	336-766-6473	
Downtown Health Plaza	336-713-9700	
Family Medical Associates of Lewisville	336-712-0700	
Ford, Simpson, Lively and Rice Peds	336-794-3380	
Forsyth Family Practice	336-768-9515	
Forsyth Pediatrics – Kernersville	336-993-8333	
Forsyth Pediatrics – Robinhood Road	336-718-8000	
Forsyth Pediatrics – Westgate	336-718-7777	
Kernersville Family Practice	336-993-8181	
Kernersville Pediatrics	336-996-3001	
Kernersville Primary Care	336-993-1618	
Maplewood Family Practice	336-718-0800	
North Point Medical Associates	336-759-7596	
Peace Haven Pediatrics	336-760-5400	
Piedmont Triad Family Medicine	336-993-2224	
Pine Ridge Family Practice	336-896-1100	
Salem Family Practice	336-718-7800	
Slater Academy Family Medicine	336-722-7800	

Stallings and Billings Family Practice	336-969-9158
Today’s Woman Health and Wellness Center (services for women in the 27105 zip code)	336-722-1818
Total Family Care of Winston-Salem	336-760-8380
Wake Forest University Family Physicians	336-716-4479
Walkertown Family Practice	336-595-3699
West Forsyth Family Practice	336-766-0547
Westgate Pediatrics	336-774-0710
Winston East Pediatrics	336-713-8860
Winston-Salem Health Care	336-718-1000
Winston-Salem Pediatrics	336-765-9000

SMOKING CESSATION RESOURCES	
Forsyth County Department of Public Health – classes for pregnant women	336-703-3391
Fresh Start - American Cancer Society	336-834-0844
North Carolina Quitline - 1-800-QUIT-NOW (free personal coaching until midnight each night)	800-784-8669

SOCIAL SUPPORT	
Baby Love Support Services - Forsyth County Department of Public Health	336-703-3200
Battered Women’s Shelter Crisis Line, 24 hour services - Family Services	336-723-8125
CenterPoint Human Services - see webpage for list of providers www.cphs.org	888-581-9988
Family Services	336-722-8173
Heartstrings Pregnancy and Infant Loss Support	336-703-9744
Imprints for Expectant Families	336-713-9732
Pregnancy Resource and Referral Healthy Start/Baby Love Plus - Forsyth County Department of Public Health	336-703-3189
Welcome Baby	336-725-2229

SPECIAL NEEDS	
ABC of NC Child Development Center	336-251-1180
AIDS Care Service, Inc.	336-777-0116
Autism Society of North Carolina	800-442-2762
CAP/C for medically fragile children	336-703-3276
Center for Deaf and Hard of Hearing	336-725-3666
Child Service Coordination at the Forsyth County Department of Public Health	336-703-3242
Children’s Center for the Physically Disabled	336-727-2440
Children’s Developmental Service Agency	336-774-2400
Family Support Network	336-924-5301
Genetic Counseling	336-774-2410
Governor Morehead’s Preschool for the Visually Impaired	336-334-3748

Information furnished by a collaboration between the Parent Education at the Forsyth County Department of Public Health, Sara Lee Center for Women’s Health and Imprints for Expectant Families/Revised November 2008
Website: http://forsyth.cc/Documents/pregnancy_parent_resources.pdf

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY

Hearing Impaired - NCEIPCDHH	336-698-9170
Kids Plus Program (behavioral day care) - Cook Elementary School	336-727-2784
March of Dimes Birth Defect Foundation	336-723-4386
Piedmont Down Syndrome Support Network	336-759-9619
Services for the Blind Division	336-761-2345
Sickle Cell Association of the Piedmont	336-723-1390
Social Security Administration	336-767-3736
Special Children's School	336-924-9309
TLC Network	800-TLC-0042
The Special Needs Help Line	800-737-3028
Therapeutic Day Treatment - Amos Cottage	336-774-2400

SUBSTANCE ABUSE SUPPORT

Community Choices, Inc. - Women's and Infants Services for Health (WISH)	336-607-8513
Fetal Alcohol and Drug Program at Wake Forest University Baptist Medical Center	336-716-2011 800-532-2011
Insight Human Services	336-725-8389
Service Access Line at CenterPoint	888-581-9988

THINGS TO DO WITH CHILDREN

Barnes and Noble Bookstore	336-774-0800
Borders Bookstore	36-727-8834
Central YMCA	336-721-2100 x2040
Children's Museum of Winston-Salem	336-723-9111
Children's Theatre of Winston-Salem	336-725-4531
Forsyth County 4-H Clubs	336-703-2850
Forsyth County Public Library - story time	336-727-2264
Old Salem Toy and Children's Museum	888-653-7253
Sciworks	336-767-6730
Tanglewood Park	336-778-6300
Triad Mommies www.triadmommies.com	
Triad Treehouse Playgroups http://playgroup.meetup.com/1162/	
Winston-Salem Parks and Recreation	336-727-2063

WIC CLINIC

WIC stands for Women, Infants, and Children and is also called the Special Supplemental Nutrition Program for Women, Infants, and Children. The Forsyth County WIC Program is able to serve English and Spanish speaking clients with a bilingual staff.

Who is Eligible

WIC is available to pregnant, breast feeding and postpartum women, infants and children up to age five. You must schedule an appointment to determine your eligibility by calling 336- 703-3100. To participate, persons must:

- Be a resident of Forsyth County. You must bring an ID, proof of residency and proof of income.
- Have a family income less than 185% of the U.S. Poverty Income Guidelines. For example, to qualify for the program for a family of two the maximum annual gross income is \$25,327 or \$488 a week. A person receiving Medicaid, Work First Families Assistance (TANF), or Food Stamps automatically meets the income eligibility requirement.
- Be at nutritional risk. A nutritionist or other health professional makes the nutritional risk assessment at no cost to the participant, usually at the local WIC office.

WIC Clinic Hours

Forsyth County Department of Public Health
336-703-3336 or 336-703-3100

Forsyth County Department of Public Health
Location: 799 N. Highland Avenue
Winston Salem, NC 27101

Appointments

Appointments are required for services and may be made by calling (336) 703-3336 or 703-3100

Clinic Hours

Monday, Tuesday, Thursday & Friday: 7:45 am - 5:00 pm
(last appointment at 4:15 pm)
Wednesday: 7:45 am - 7:30 pm
(last appointment at 7 pm)

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY

REQUIRED IMMUNIZATIONS

Immunization	Age of child
DTaP (Diphtheria, tetanus, pertussis)	2, 4, 6 & 12-18 mos, 4-6 yrs
IPV (Polio)	2, 4 & 6-18 mos, 4-6 yrs
MMR (Measles, mumps, rubella)	12-15 mos, 4-6 yrs
HiB (Haemophilus Influenzae Type B)	2, 4 & 12-15 mos
Hepatitis B	Birth, 1-2 mos, 6-18 mos
Varicella (Chickenpox)	12-18 months, 4-6 years
Prenar (Pneumococcal Conjugate)	2, 4, 6 & 12-15 months
Rotavirus	2, 4 & 6 mos
Influenza (Flu)	Yearly
Hepatitis A	12-23 mos (2 doses)

Vaccines required by NC Immunization Law are in bold print

IMMUNIZATION CLINIC

Children's Immunization Clinic Hours
Forsyth County Department of Public Health
336-703-3100

Forsyth County Department of Public Health
Location: 799 N. Highland Avenue, Clinic B
Cost

State Required immunizations are free of charge.

Appointments

Walk-in basis (first come, first serve).

Clinic Hours

Monday, Tuesday, Thursday: 8:30 am - 3:45 pm
Wednesday: 9:30 am - 6:45 pm
Friday: 8:30 am - 11:45 am

Community Clinics

Trinity Moravian Church
220 E. Sprague St.

1st & 3rd Thursday each month...5:30 - 7:00pm

Bethany Baptist Church
600 Old Hollow Road

2nd Saturday each month.....9:00am - 12Noon

FAMILY PLANNING CLINIC

Family Planning Clinic Hours
Forsyth County Department of Public Health
336-703-3100

Forsyth County Department of Public Health
Location: 799 N. Highland Avenue, Clinic C
Cost

A sliding fee scale is used for determining charges.

Appointments

Appointments are required for services, call 336-703-3100.

Clinic Hours

Monday and Thursday 8:30 am – 3:15 pm
Tuesday, Thursday: 12:30 – 3:15 pm
Wednesday: 9:30 am - 6:30 pm
Friday: 8:30 – 10:15 am

HIV/STD COUNSELING AND TESTING CLINIC

HIV/STD Counseling and Testing Clinic Hours
Forsyth County Department of Public Health
336-703-3100

Forsyth County Department of Public Health
Location: 799 N. Highland Avenue, Clinic A
Cost

There is no charge for these services.

Appointments

Not required but may be made for the following times: (call
Monday - Friday 8:30am - 4:30pm to schedule)

Clinic Hours

Monday: 9:00 am - 12:00 noon and 1:30 - 3:30 pm
Tuesday & Thursday: 9:00 am - 12:00 noon
Wednesday: 10:00 am - 12:00 noon and 3:00 - 6:30 pm
Friday: 9:00 - 11:30 am

SEXUALLY TRANSMITTED DISEASE CLINIC

Sexually Transmitted Disease Clinic Hours
Forsyth County Department of Public Health
336-703-3100

Forsyth County Department of Public Health
Location: 799 N. Highland Avenue, Clinic A
Cost

There is no charge for these services.

Appointments

Walk-in basis (first come, first serve).

Clinic Hours

Monday, Tuesday, Thursday: 8:30 am - 3:45 pm
Wednesday: 9:30 am - 6:45 pm
Friday: 8:30 - 11:45 am

PREGNANCY AND FAMILIES WITH YOUNG CHILDREN (BIRTH TO 5) RESOURCES IN FORSYTH COUNTY