2015 Winston Salem/Forsyth County Middle School Youth Risk Behavior Survey Results



Highlights!

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Introduction & Overview

The Youth Risk Behavior Survey System (YRBSS) was developed by the Centers for Disease Control and Prevention (CDC)/Division of Adolescent and School Health (DASH) to monitor six health risk behaviors. These risk behaviors are unintentional injuries and violence, sexual behaviors, alcohol and other drug use, tobacco use, unhealthy dietary behaviors, and inadequate physical activity.

The Youth Risk Behavior Survey (YRBS) is one component of the YRBSS. It has been modified to reflect the health behavior questions deemed pertinent to North Carolina high school students. North Carolina Healthy Schools has conducted the survey state wide every two years. The results of the survey can assist government agencies, schools, community organizations and other stakeholders to identify the critical health needs of children and adolescents and develop programs to mitigate them.

Parents could decline their children's participation in the survey by returning the *Passive Parental Consent Form* that was sent home before the scheduled survey date. Students could refuse to participate or skip any question that they did not want to answer.

In 2015, the YRBS was administered to 1,726 students in 17 Winston-Salem/Forsyth County (WSFC) middle schools. The response rate for schools was 100%, and the response rate for students was 83%. The survey questionnaire consisted of 77 questions. **Table 1** provides the demographic characteristics of the survey respondents.

Table 1

Detail analysis of the 2015 WSFC Middle School YRBS results based on race/ethnicity was excluded from the data analysis that Westat/Rothenbach Research and Consulting, LLC completed. Also, unlike the 2013 WSFC middle school YRBS results data that were weighted, the survey results in this data set is not weighted. Thus, these highlights are limited to the 2015 survey results, and exclude observations on race/ ethnicity.

Additionally, these highlights do not include a comparison of the WSFC Middle School YRBS results to those of the State of North Carolina and the United States on select behaviors because both jurisdictions did not compile Middle School YRBS reports for 2015.

The days or months referenced in the results is in relation to the day/date that students took the survey. For example, 'during the past 12 months' refers to the 12 months that preceded the date/day of the survey. The period referenced in the summary results were used in the associated survey questions.

Demographic Characteristics	Number of Students in this Subgroup	Sampled Percentage
	Gender	
Male	859	49.9
Female	861	50.1
	Grade	
6 th	566	32.8
7 th	462	26.8
8 th	698	40.4
	Race/Ethnicity	
Black Non-Hisp.	419	24.5
Hispanic/Latino	180	10.5
White Non-Hisp.	700	40.9
All other races	90	5.2
Multiple races	322	18.8

Alcohol, Tobacco and other Drug Use

Table 2	WSFC Middle Sch	ools YRI	3S Results									
	Alcohol, Tobacco and other Drug Use, 2015											
,			Pe	ercentage o	f Students							
hool stu-	Health/Behavioral Factors	All	6th grade	7th grade	8th grade	Female	Male					
ut: 5 (4.1%)	Smoked cigarettes on \ge 1 day in the past 30 days	4.1	4.1	3.3	4.7	3.6	4.6					
e ciga-		14.5	12.0	10.4	19.3	13.0	16.0					
0 days	Had a drink of alcohol on \ge 1 day in the past 30 days	10.7	7.1	8.6	15.1	11.5	9.8					
in elec-	Used marijuana ≥ 1 time in the past 30 days	5.9	3.8	4.1	8.8	5.6	6.2					
ct		6.3	4.3	7.0	7.5	5.5	7.1					
	ut: 5 (4.1%) e ciga- in the 0 days (14.5%) m elec- vapor ct	Fable 2Alcohol, Tobacco andaows, thatAlcohol, Tobacco andSFCSHealth/Behavioral Factorshool stu- ut: $5 (4.1\%)$ Smoked cigarettes on ≥ 1 day in the past 30 daysUsed electronic vapor products on ≥ 1 day in the past 30 daysUsed electronic vapor products on ≥ 1 day in the past 30 days0 days (14.5%) un elec- vapor ctUsed marijuana ≥ 1 time in the past 30 daysOffered, sold, or given an illegal drug on school property in the nast 12 months	Fable 2Alcohol, Tobacco and other Daows, thatAlcohol, Tobacco and other DSFCSHealth/Behavioral Factorshool stu- ut:Smoked cigarettes on ≥ 1 day in the past 30 days5 (4.1%)Smoked cigarettes on ≥ 1 day in the past 30 daysciga- in the 0 days (14.5%)Used electronic vapor products on ≥ 1 day in the past 30 daysHad a drink of alcohol on ≥ 1 day in the past 30 days10.7Used marijuana ≥ 1 time in the past 30 days5.9Vapor ctOffered, sold, or given an illegal drug on school property in the past 12 months	Alcohol, Tobacco and other Drug Use, 2PerNows, that SFCSHealth/Behavioral FactorsAll6th gradeSmoked cigarettes on ≥ 1 day in the past 30 days4.1Smoked cigarettes on ≥ 1 day in the past 30 days4.1Used electronic vapor products on ≥ 1 day in the past 3014.5O days (14.5%)12.0Used marijuana ≥ 1 time in the past 30 days10.7Vapor ct5.93.8Offered, sold, or given an illegal drug on school property in the past 12 months6.3	Alcohol, Tobacco and other Drug Use, 2015Alcohol, Tobacco and other Drug Use, 2015Percentage oMows, thatBroked cigarettes on ≥ 1 day in the past 30 daysAll6th grade7th gradeSmoked cigarettes on ≥ 1 day in the past 30 days4.14.13.3Used electronic vapor products on ≥ 1 day in the past 30in the0 days14.512.010.4Had a drink of alcohol on ≥ 1 day in the past 30 days10.77.18.6(14.5%)Used marijuana ≥ 1 time in the past 30 days5.93.84.1vaporOffered, sold, or given an illegal drug on school property6.34.37.0	Alcohol, Tobacco and other Drug Use, 2015Alcohol, Tobacco and other Drug Use, 2015Percentage of StudentsAll 6th grade 7th grade 8th gradetit:Smoked cigarettes on ≥ 1 day in the past 30 days4.1All6th grade 7th grade 8th gradetit:Smoked cigarettes on ≥ 1 day in the past 30 daystit:Smoked cigarettes on ≥ 1 day in the past 30tit:Smoked cigarettes on ≥ 1 day in the past 30daystithe a drink of alcohol on ≥ 1 day in the past 30 daystithe in the past 30 daystithe a drink of alcohol on ≥ 1 day in the past 30 daystithe a drink of alcohol on ≥ 1 day in the past 30 daystithe a drink of alcohol on ≥ 1 day in the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 daystithe a drink of alcohol on ≥ 1 day on the past 30 day	Table 2Alcohol, Tobacco and other Drug Use, 2015Alcohol, Tobacco and other Drug Use, 2015Percentage of StudentsHealth/Behavioral FactorsAll6th grade7th grade8th gradeFemaleUsed electronic vapor products on ≥ 1 day in the past 30 days4.14.13.34.73.6Odays0.437.18.615.111.5Value0.437.07.55.93.84.14.37.07.5Mealth/Behavioral FactorsAll6th grade7th grade8th gradeFemaleatt:5.61.14.14.13.34.73.6Other colspan="4">1.11.11.11.11.100.11.11.11.11.100.11.11.11.11.11.101.11.1 <th <="" colspan="4" th=""></th>					

drank alcohol ...

- 1 in 18 (5.9%) used marijuana ...
- 1 in 18 (6.3%) was offered, sold or given an illegal drug on school property in the past 12 months

Table 2 shows, among 6th graders,about:

- 1 in 25 (4.1%) smoked cigarettes in the past 30 days
- 1 in 8 (12.0%) used an electronic vapor product ...
- 1 in 14 (7.1%) drank alcohol ...
- 1 in 25 (3.8%) used marijuana ...
- 1 in 25 (4.3%) was offered, sold or given an illegal drug on school property in the past 12 months

Table 2 shows, among 7th graders,about:

- 1 in 33 (3.3%) smoked cigarettes in the past 30 days
- 1 in 10 (10.4%) used an electronic vapor product ...
- ◆ 1 in 12 (8.6%) drank alcohol ...
- ◆ 1 in 25 (4.1%) used marijuana ...
- 1 in 13 (7.0%) was offered, sold or given an illegal drug on school property in the past 12 months

Table 2 shows, among 8th graders,about:

- 1 in 20 (4.7%) smoked cigarettes in the past 30 days
- 1 in 5 (19.3%) used an electronic vapor product ...
- ◆ 1 in 7 (15.1%) drank alcohol ...
- ◆ 1 in 11 (8.8%) used marijuana ...
- 1 in 13 (7.5%) was offered, sold or given an illegal drug on school property in the past 12 months

Table 1 shows that **8thgraders** were <u>more likely</u> than 6th and 7th graders to smoke, use electronic vapor products, drink alcohol, use marijuana and were offered, sold or given illegal drugs on school campus. **Table 1** also shows that **females** were <u>more likely</u> than males to have had a drink of alcohol in the past 30 days, and **males** were <u>more likely</u> than females to use electronic vapor products in the past 30 days.

 Table 2 shows that among female middle school students, about:

- 1 in 25 (3.6%) smoked cigarettes 30 days prior to the survey
- 1 in 7 (13.0%) used an electronic vapor product ...
- 1 in 8 (11.5%) drank alcohol ...
- 1 in 18 (5.6%) used marijuana ...
- 1 in 18 (5.5%) was offered, sold or given an illegal drug on school property in the past 12 months

 Table 2 shows that among male middle school students, about:

- 1 in 20 (4.6%) smoked cigarettes 30 days prior to the survey
- 1 in 6 (16.0%) used an electronic vapor product ...
- 1 in 10 (9.8%) drank alcohol ...
- 1 in 16 (6.2%) used marijuana ...
- 1 in 14 (7.1%) was offered, sold or given an illegal drug on school property in the past 12 months

			Personal Health						
	Table 3		WSFC Middle Sch Personal Sa						
	able 3 shows that					rcentage o	f Students		
School suidents about			alth/Behavioral Factors		6th grade	7th grade	8th grade	Female	Male
•	2 in 3 (65.2%)		a bicycle, the % who never/rarely	65 3	60.2	(2 2	74.0	64 7	60 3
	never/rarely wore a	wore a helmet whe	n by someone who had been drinking	65.2	60.3	62.3	71.8	61.7	68.3
	helmet when riding	alcohol	by someone who had been drinking	18.0	14.1	17.3	21.6	20.2	15.7
	a bicycle	Of those who ride a	a ride a skateboard, the % who						-
•		never/rarely wore	a helmet when riding on a skateboard	77.60	72.20	73.90	84.80	77.60	77.10
	in a car driven by		1						
	someone who had be	e							
•	3 in 4 (77.6%) never	/rarely wore a helr	net when riding on a skateboard						
	Table 3 shows, among	g 6 th graders,	Table 3 shows, among 7 th grade	rs,	Table 3 shows, among 8 th grader			raders,	
	about:		about:		about:				
	◆ 3 in 5 (60.3%) nev	-	◆ 2 in 3 (62.3%) never/rarely v			· ·) never/rai		re a
	helmet when ridin	ig a bicycle	helmet when riding a bicycle	e	hel	met when	riding a bi	cycle	
	◆ 1 in 7 (14.1%) rod	le in a car driven	• 1 in 6 (17.3%) rode in a car	driven	♦ 1 in	n 5 (21.6%) rode in a	car driv	/en
	by someone who l	had been drink-	by someone who had been d	rink-	by	someone v	who had be		
	ing alcohol		ing alcohol		alco	ohol			
	◆ 3 in 4 (72.2%) nev		◆ 3 in 4 (73.9%) never/rarely v		◆ 4 in	n 5 (84.8%) never/rai	rely wor	e a
	helmet when ridin	ig on a skate-	helmet when riding on a ska	te-	hel	met when	riding on a	a skateb	oard
	board		board						

Table 3 shows that <u>about two-thirds or more</u> of **6th**, **7th**, **and 8th graders** *never/rarely wear a helmet when riding a bicycle* or *a skateboard*. **Table 3** also shows that **females** were <u>more likely</u> than males to *ride in a car driven by someone who had been drinking alcohol* but were <u>equally likely</u> as males to *never/rarely wear a helmet when riding a on skateboard*.

 Table 3 shows that among female middle school students, about:

- 2 in 3 (61.7%) never/rarely wore a helmet when riding a bicycle
- 1 in 5 (20.2%) rode in a car driven by someone who had been drinking alcohol
- 3 in 4 (77.6%) never/rarely wore a helmet when riding on a skateboard

 Table 3 shows that among male middle school students, about:

- 2 in 3 (68.3%) never/rarely wore a helmet when riding a bicycle
- 1 in 6 (15.7%) rode in a car driven by someone who had been drinking alcohol
- 3 in 4 (77.1%) never/rarely wore a helmet when riding on a skateboard

Violence-related Behaviors

		V10	Dience-related Behav	iors					
Table 4			WSFC Middle Sch Violence-related						
			Violence-related	Denavi	-	ercentage o	f Students		
Table 4 shows that amongWSFCS Middle School stu-		Health	Behavioral Factors	All		-	8th grade	Female	Mal
lents, about:	Ever carried a w	veapon,	such as a gun, knife, or club	29.8	25.7	29.0	33.6	17.2	42.4
• 1 in 3 (29.8%) had car- ried a weapon, such as a	Ever been in a p	hysical	fight	45.5	46.1	45.7	45.0	31.4	59.3
gun, knife, or club	Ever been bullie	ed on so	hool property	36.0	37.0	36.4	34.8	41.1	30.
• 1 in 2 (45.5%) had been in a physical fight	Ever been elect	ronicall	y bullied	19.8	19.5	21.1	19.2	27.7	11.9
 1 in 3 (36.0%) had been bullied on school prop- 	Someone stole of property during		aged student's property on school 2 months	17.0	15.7	15.9	18.7	15.1	18.
 1 in 5 (19.8%) had been 1 in 6 (17.0%) had exper Table 4 shows, among 6th g about: 	rienced someon	ne steal	ling or damaging his or her pro ble 4 shows, among 7 th grader				he past 12 mong 8th		
 1 in 4 (25.7%) had carr weapon, such as a gun, club 	knife, or	•	1 in 3 (29.0%) had carried a weapon, such as a gun, knife, club	or	♦ 1 in	apon, sucl	6) had car h as a gun		or
• 1 in 2 (46.1%) had been cal fight	en in a physi-		\mathbf{v} I in 2 (45.776) had been in a physical \mathbf{v} I in 2 (45.			%) had been in a p	hysi		
 1 in 3 (37.0%) had been school property 	n bullied on	•	1 in 3 (36.4%) had been bulli school property	ed on		n 3 (34.8% ool prope	6) had bee rty	n bullie	d on
• 1 in 5 (19.5%) had been cally bullied	n electroni-	•	1 in 5 (21.1%) had been elect cally bullied	roni-		n 5 (19.2% ly bullied	%) had bee	en electr	oni-
 1 in 6 (15.7%) had exp someone stealing or day 		•	1 in 6 (15.9%) had experience	ed	♦ 1 in	n 6 (18.7%	6) had ex	perience	ed

someone stealing or damaging his or her property on school ground in 1 in 6 (15.9%) had experienced someone stealing or damaging his or her property on school ground 1 in 6 (18.7%) had experienced someone stealing or damaging his or her property on school ground

Table 4 shows that **6**th, **7**th, and **8**th graders were <u>almost equally likely</u> to have *been in a physical fight, bullied on school property*, and *electronically bullied*. **Table 4** also shows that **females** were <u>two times more likely</u> than **males** to *have been electronically bullied*. **Males** were <u>about two times more likely</u> than females to have *carried a weapon*, and to *have been in a physical fight*.

 Table 4 shows, among female middle school students, about:

- 1 in 6 (17.2%) had carried a weapon, such as a gun, knife, or club
- 1 in 3 (31.4%) had been in a physical fight
- 2 in 5 (41.1%) had been bullied on school property
- 1 in 4 (27.7%) had been electronically bullied
- 1 in 7 (15.1%) had experienced someone stealing or damaging his or her property on school ground in the past 12 months

 Table 4 shows, among male middle school students, about:

- 2 in 5 (42.4%) had carried a weapon, such as a gun, knife, or club
- 3 in 5 (59.7%) had been in a physical fight
- 1 in 3 (30.9%) had been bullied on school property
- 1 in 8 (11.9%) had been electronically bullied
- 1 in 6 (18.9%) had experienced someone stealing or damaging his or her property on school ground in the past 12 months

Table 5			WSFC Middle Sch							
Table 5 shows that among WSFCS Middle School stu-		Psychological Behavior, 2015 Percentage of Students								
lents, about:		Health/Behavioral Factors			1	7th grade	1	Female	Male	
• 1 in 5 (21.9%) felt sad or		ad or hopeless continuously for two weeks or more ow during the past 12 months			21.9	22.0	21.7	29.7	13.9	
hopeless continuously for two weeks or more in a row Strongly agree		e/agree that you feel a	alone in life	16.5	14.1	17.0	18.0	18.7	14.2	
during the past 12 months1 in 6 (16.5%) felt alone in his or her life		parents, other adult you feel sad, empty, h		52.7	49.9	58.0	51.3	61.5	43.	
1 in 2 (52.7%) usually talks to parents, other adult family	Ever seriously	considered attemptir	ng suicide	19.7	17.9	19.2	21.5	26.5	12.9	
member or older sibling when he or she feels sad, empty, hopeless, angry, or	Ever made a s	uicide plan		13.8	11.7	11.9	16.7	18.7	8.8	
anxious	Ever attempt	ed suicide		9.1	8.5	8.4	10.0	11.9	6.2	
	nders,		at among 7 th graders,			shows that	among 8 th	graders	8,	
 about: 1 in 5 (21.9%) felt sad or he continuously for two week 	opeless ks or more	about: • 1 in 5 (22.0% continuousl	6) felt sad or hopeles y for two weeks or :	more	about: • 1 in cont	5 (21.7%) tinuously	felt sad o for two w	r hopele veeks or	ess mor	
about: • 1 in 5 (21.9%) felt sad or he	opeless ks or more 2 months	about: • 1 in 5 (22.0% continuousl in a row due	6) felt sad or hopeles	more nths	about: ◆ 1 in cont in a ◆ 1 in	5 (21.7%)	felt sad o for two w ng the pas	r hopele veeks or at 12 mo	ess mor onths	
 continuously for two weel in a row during the past 1. 1 in 7 (14.1%) felt alone in h 	opeless ks or more 2 months is or her his or her ber if he or	 about: 1 in 5 (22.0% continuousl in a row dui 1 in 6 (17.0% life 1 in 2 (58.0% parents or ad 	6) felt sad or hopeles y for two weeks or : ring the past 12 mor	more nths ner her he or	about: 1 in contain a 1 in life 1 in pare 	5 (21.7%) tinuously row durin 6 (18.0%) 2 (51.3%) nts or adul felt sad, en	felt sad o for two w ng the pas felt alone f would talk t family m	r hopele veeks or it 12 mc in his or c to his o ember if	ess mor onths her or her	
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- ♦ 1 in 3 (29.7%) felt sad or hopeless continuously for two weeks or more in a row during the past 12 months
- 1 in 6 (18.7%) felt alone in his or her life
- ♦ 3 in 5 (61.5%) would talk to his or her parents or adult family member if he or she felt sad, empty, hopeless, angry, or anxious
- 1 in 4 (26.5%) had seriously considered attempting suicide
- 1 in 6 (18.7%) had made a suicide plan
- 1 in 8 (11.9%) had attempted suicide

- 1 in 7 (13.9%) felt sad or hopeless continuously for two weeks or more in a row during the past 12 months
- 1 in 7 (14.2%) felt alone in his or her life
- ♦ 2 in 5 (43.5%) would talk to his or her parents or adult family member if he or she felt sad, empty, hopeless, angry, or anxious
- 1 in 8 (12.9%) had seriously considered attempting suicide
- 1 in 11 (8.8%) had made a suicide plan
- ♦ 1 in 16 (6.2%) had attempted suicide

Health Education

Health/Behavioral Factors

Taught about abstaining from sexual activity

Taught about AIDS or HIV infection in school

Taught about chlamydia, gonorrhea, syphillis, HPV or

when you have questions about STDs, HIV, AIDS, or

Parents or other adults in your family talked with you

Usually talked with parents or other adult family member

WSFC Middle Schools YRBS Results Health Education/Sexual Behavior, 2015

All

9.9

61.2

73.3

44.6

22.4

50.5

6.6

39.4

48.8

12.5

20.5

41.2

Percentage of Students

12.8

76.6

87.5

70.7

22.8

58.7

Female

5.5

64.7

74.0

44.3

24.0

54.6

Male

14.3

57.6

72.6

44.9

20.9

46.3

6th grade 7th grade 8th grade

9.5

64.8

81.6

44.2

24.3

49.5

Table 6

Table 6 shows that among WSFCmiddle school students, about:

- 1 in 10 (9.9%) has had sexual intercourse
- 2 in 3 (61.2%) were taught about abstaining from sexual activity
- ♦ 3 in 4 (73.3%) report that they were taught about AIDS and HIV infection in school
- 1 in 2 (44.6%) report that they were taught about Chlamydia, gonorrhea, ... genital warts
- gonorrhea, ... genital warts
 1 in 5 (22.4%) would talk his or her
- parents or adult household member if he or she had questions about STDs, HIV, AIDS, or pregnancy prevention

Have had sexual intercourse

genital warts

pregnancy prevention

• 1 in 2 (50.5%) reported that his or her parents or adults spoke with him or her about what they expect when it comes to sex

Table 6 shows that among 6th graders , about:		
 1 in 15 (6.6%) has had sexual intercourse 1 in 3 (39.4%) were taught about abstaining from sexual activity 1 in 2 (48.8%) were taught about AIDS and HIV infection in school 1 in 8 (12.5%) were taught about Chlamydia, gonorrhea, genital warts 1 in 5 (20.5%) would talk to his or her parents about STDs, HIV, AIDS, or pregnancy prevention 2 in 5 (41.2%) reported that his or her parents or adults spoke with him or her about sex 	 1 in 11 (9.5%) has had sexual intercourse 2 in 3 (64.8%) were taught about abstaining from sexual activity 4 in 5 (81.6%) were taught about AIDS and HIV infection in school 2 in 5 (44.2%) were taught about Chlamydia, gonorrhea,genital warts 1 in 4 (24.3%) would talk to his or her parents about STDs, HIV, AIDS, or pregnancy prevention 1 in 2 (49.5%) reported that his or her parents or adults spoke with him or her about sex 	 1 in 8 (12.8%) has had sexual intercourse 3 in 4 (76.6%) were taught about abstaining from sexual activity 9 in 10 (87.5%) were taught about AIDS and HIV infection in school 7 in 10 (70.7%) were taught about Chlamydia, gonorrhea, genital warts 1 in 4 (22.8%) would talk to his or her parents about STDs, HIV, AIDS, or pregnancy prevention 1 in 2 (58.7%) reported that his or her parents or adults spoke with him or her about sex

Table 6 shows that shows that the percentage of 6^{th} graders who would talk to their parents or adult household member if they had questions about STDs, HIV, AIDS, or pregnancy prevention were <u>almost equal</u> to that of 7^{th} and 8^{th} graders. Table 6 also shows that females were <u>more likely</u> than males to be told what their parents or adults expect of them when it comes to sex.

 Table 6 shows that among females, about:

- 1 in 18 (5.5%) has had sexual intercourse
- ◆ 2 in 3 (64.7%) were taught about abstaining from sexual activity
- ♦ 3 in 4 (74.0%) were taught about AIDS and HIV infection in school
- ♦ 2 in 5 (44.3%) were taught about Chlamydia, gonorrhea, ... genital warts
- ♦ 1 in 4 (24.0%) would talk to his or her parents ... about STDs, HIV, AIDS, or pregnancy prevention
- 1 in 2 (54.6%) their parents or adults spoke with them about ... sex

Table 6 shows that among males, about:

- ◆ 1 in 7 (14.3%) has had sexual intercourse
- 1 in 2 (57.6) were taught about abstaining from sexual activity
- ♦ 3 in 4 (72.6%) were taught about AIDS and HIV infection in school
- ♦ 2 in 5 (44.9%) were taught about Chlamydia, gonorrhea, ... genital warts
- ♦ 1 in 5 (20.9%) would talk to his or her parents ... about STDs, HIV, AIDS, or pregnancy prevention
- ♦ 1 in 2 (46.3%) their parents or adults spoke with them about ... sex

Table 7		WSFC Middle Sch Weight Mana							
Fable 7 shows that among		Health/Behavioral Factors	All	Percentage of Students 6th grade 7th grade 8th grade Female M					
WSFC middle school stu-		escribed themselves as slightly/very overweight		6th grade	7th grade	8th grade	Female	Mal	
ents, about:	Described ther			26.3	28.6	29.3	31.7	24.	
1 in 4 (28.1%) described themselves as slightly/very	Trying to lose v	veight	47.0	47.5	47.8	46.2	56.3	37.	
 overweight 1 in 2 (47.0%) was trying 		Ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight			53.2	51.0	56.6	41.	
 I in 2 (47.6%) was dying to lose weight 1 in 2 (49.3%) ate less food, fewer calories, to 	Ever gone with keep from gain	out eating ≥ 24 hours to lose weight or to ing weight	16.8	15.8	15.7	18.4	21.9	11.	
keep from gaining weight1 in 6 (16.8%) went with-		eals to lose weight or to keep from gaining the past 30 days	20.9	20.2	22.2	20.7	27.0	14.	
out eating ≥ 24 hours to lose weight from gain- ing weight	Ever exercised	to lose or keep from gaining weight	72.3	72.7	72.3	72.1	76.9	67.9	
 3 in 4 (72.3%) exercised to Table 7 shows that among 6th g about: 1 in 4 (26.3%) described th slightly/very overweight 1 in 2 (47.5%) was trying t 2 in 5 (43.9%) ate less food ries, to keep from gainin 1 in 6 (15.8%) went without hours to lose weight frow weight 1 in 5 (20.2%) skipped meanweight or to keep from gain during the past 30 days 	raders, nemselves as o lose weight d, fewer calo- ng weight at eating ≥ 24 m gaining als to lose ning weight	 Table 7 shows that among 7th graders, about: 1 in 3 (28.6%) described themselves slightly/very overweight 1 in 2 (47.8%) was trying to lose w 1 in 2 (53.2%) ate less food, fewer ries, to keep from gaining weigh 1 in 6 (15.7%) went without eating hours to lose weight from gaining weight 1 in 5 (22.2%) skipped meals to low weight or to keep from gaining weigh during the past 30 days 	es as veight calo- ht $g \ge 24$ ng bse ight	 about: 1 in 3 slight 1 in 2 ries, 1 in 2 ries, 1 in 6 hours weigh 1 in 5 hours weight 	3 (29.3%) c tly/very ov 2 (46.2%) x 2 (51.0%) a to keep 5 (18.4%) x 5 to lose we ht 5 (20.7%) 5 to lose we ht	lescribed therweight was trying to the less foor from gaining went withous sight from went withous sight from	nemselve to lose w d, fewer ng weigh ut eating m gainir out eating m gainir	reight calo- nt ≥ 24 ng $g \geq 24$ ng	
♦ 3 in 4 (72.7%) exercised to		 ♦ 3 in 4 (72.3%) exercised to lose or kee from gaining weight 		♦ 3 in 4	ŧ(/2.1%)€	exercised to	lose or	кеер	

slightly/very overweight; were trying to lose weight; ate less food, fewer calories, ... to keep from gaining weight; went without eating ≥ 24 hours to lose weight ... from gaining weight; skipped meals to lose weight or ...; and exercised to lose or keep from gaining weight.

Table 7 shows that among females, about:

- 1 in 3 (31.7%) described themselves as slightly/very over-٠ weight
- 1 in 2 (56.3%) was trying to lose weight
- 1 in 2 (56.6%) ate less food, fewer calories, \dots to keep from ٠ gaining weight
- 1 in 5 (21.9%) went without eating \geq 24 hours to lose weight ... from gaining weight
- 1 in 4 (27.0%) skipped meals to lose weight or to keep from ٠ gaining weight during the past 30 days
- 3 in 4 (76.9%) exercised to lose or keep from gaining weight ٠

Table 7 shows that among males, about:

- 1 in 4 (24.7%) described themselves as slightly/very over-٠ weight
- 1 in 3 (37.5) was trying to lose weight ٠
- 2 in 5 (41.7%)) ate less food, fewer calories, ... to keep from ٠ gaining weight
- 1 in 9 (11.5%) went without eating \geq 24 hours to lose weight ٠ ... from gaining weight
- 1 in 7 (14.5%) skipped meals to lose weight or to keep from ٠ gaining weight during the past 30 days
- 2 in 3 (67.9%) exercised to lose or keep from gaining weight ٠

Nutrition/Physical Activity/Sedentary Lifestyle

		WSFC Middle Sch Nutrition/Physical Activity							
Table 8 shows that among WSFC			Percentage of Students						
middle school students, about:		Health/Behavioral Factors		6th grade	7th grade	8th grade	Female	Male	
 1 in 8 (12.1%) did not eat break- fast in the last 7 days 	Ate break	Ate breakfast on zero of the last 7 days			9.8	14.8	13.9	10.3	
♦ 1 in 2 (46.5%) played video or computer games ≥ 3 hours per day	-	Played video or computer games ≥ 3 hours per day on an average school day			48.7	51.7	47.4	45.	
 school day 1 in 3 (36.5%) watched ≥ 3 hours 	Watched day	≥ 3 hours per day of TV on an average school	36.5	36.7	34.2	37.9	37.5	35.	
per day of TV school day 1 in 2 (57.9%) played on ≥ 1	Played or	\ge 1 sports teams during the past 12 months	57.9	61.0	60.0	53.8	52.5	63.2	
 sports teams 12 months 1 in 6 (16.5%) walked or rode a 	Walked o	r rode bike to school on ≥1 day of the last 7 days	16.5	19.2	14.8	15.5	14.5	18.6	
bike to school on ≥1 day of the last 7 days	Physical a past 7 day	ctivity ≥ 60 minutes per day for ≥ 5 days of the y_5	56.8	59.6	56.6	54.7	48.4	65.	
 about: 1 in 10 (10.7%) did not eat breakf 	fast in	about:		out:					
		• 1 in 10 (9.8%) did not eat breakfast in	•	1 in 7 (1	14.8%) dia	d not eat br	reakfast	in	
 the last 7 days 1 in 3 (38.5%) played video or co games ≥ 3 hours per day school 1 in 3 (36.7%) watched ≥ 3 hours day of TV school day 2 in 3 (61.0%) played on ≥ 1 sporteams 12 months 1 in 5 (19.2%) walked or rode a b school on ≥1 day of the last 7 day 3 in 5 (59.6%) participated in phy 	ol day s per rts bike to /s	 I in 10 (9.8%) did not eat breakfast in the last 7 days 1 in 2 (48.7%) played video or comput games ≥ 3 hours per day school day 1 in 3 (34.2%) watched ≥ 3 hours per day of TV school day 3 in 5 (60.0%) played on ≥ 1 sports teams 12 months 1 in 7 (14.8%) walked or rode a bike t school on ≥1 day of the last 7 days 1 in 2 (56.6%) participated in physical 	ter	the last 1 in 2 (2 games 2 1 in 3 (2 day of 7 1 in 2 (2 teams 1 in 6 (2 school of	7 days 51.7%) pla ≥ 3 hours p 37.9%) wa TV sch 53.9%) pla 12 mont 15.5%) w on ≥1 day	ayed video per day atched ≥ 3 ool day ayed on ≥ 1	or comp school o hours po l sports ode a bik 7 days	outer day er	

Table 8 shows that **8**th **graders** were more likely than 7th and **6**th **graders** to play video or computer games \geq 3 hours per day ... school day. Table 8 also shows that in general, males were more active than females.

 Table 8 shows that among females, about:

- 1 in 7 (13.9%) did not eat breakfast in the last 7 days
- 1 in 2 (47.4%) played video or computer games ≥ 3 hours per day ... school day
- 1 in 3 (37.5%) watched \geq 3 hours per day of TV ... school day
- 1 in 2 (52.5%) played on \geq 1 sports teams ... 12 months
- 1 in 7 (14.5%) walked or rode a bike to school on ≥1 day of the last 7 days
- 1 in 2 (48.4%) participated in physical activity ≥ 60 minutes per day for ≥ 5 days of the past 7 days

 Table 8 shows that among males, about:

- 1 in 10 (10.3%) did not eat breakfast in the last 7 days
- 1 in 2 (45.5%) played video or computer games ≥ 3 hours per day ... school day
- 1 in 3 (35.7%) watched \geq 3 hours per day of TV ... school day
- 2 in 3 (63.2%) played on \geq 1 sports teams ... 12 months
- ↓ 1 in 6 (18.6%) walked or rode a bike to school on ≥1 day of the last 7 days
- 2 in 3 (65.0%) participated in physical activity ≥ 60 minutes per day for ≥ 5 days of the past 7 days

Other Health Issues

Table 9

Table 9 shows that among WSFCSMiddle School students, about:

- 1 in 7 (15.1%) reported that there is gang activity in their school
- 1 in 8 (11.9%) had trouble learning,
 ... because of health problems or disability
- 1 in 6 (15.6%) got ≤5 hours sleep on an average school day
- 2 in 3 (67.2%) had seen a dentist in the past 12 months
- 2 in 3 (62.1%) had seen a doctor or nurse for a check-up or physical exam in the past 12 months

	Other Health Issues											
)	WSFC Middle Schools YRBS Results											
	Other Health Issues, 2015											
Percentage of Students												
	Health/Behavioral Factors	All	6th grade	7th grade	8th grade	Female	Male					
s	Gang activity in your school	15.1	14.0	13.9	16.8	13.1	17.1					
5,	Trouble learning, remembering, or concentrating because of health problems or disability	11.9	12.0	11.2	12.4	12.1	11.6					
	Get ≤5 hours sleep on an average school day	15.6	12.4	13.7	19.6	17.0	14.1					
	Seen a dentist in the past 12 months	67.2	63.0	68.5	69.8	69.8	64.7					
1	Seen a doctor or nurse for a check-up or physical exam in the past 12 months	62.1	55.9	65.9	64.6	64.2	59.9					
r	Without parent/adult supervision for ≥3 hours after getting home on an average school day	20.9	17.2	21.6	23.8	20.9	20.7					

♦ 1 in 5 (20.9%) were without parent/adult supervision for ≥3 hours after getting home on an average school day

Table 9 shows that among 6th graders, Table 9 shows that among 7th graders, Table 9 shows that among 8th graders, about: about: about: 1 in 7 (14.0%) reported that there is 1 in 7 (13.9%) reported that there is 1 in 6 (16.8%) reported that there is ٠ ٠ ٠ gang activity in their school gang activity in their school gang activity in their school 1 in 8 (12.0%) had trouble learning. ... ٠ 1 in 9 (11.2%) had trouble learning, ... ٠ 1 in 8 (12.4%) had trouble learning, ... ٠ because of health problems or disability because of health problems or disability because of health problems or disability 1 in 8 (12.4%) got \leq 5 hours sleep on an ٠ ٠ 1 in 7 (13.7%) got \leq 5 hours sleep on an ٠ 1 in 5 (19.6%) got \leq 5 hours sleep on an average school day average school day average school day 2 in 3 (63.0%) had seen a dentist in the ٠ 2 in 3 (68.5%) had seen a dentist in the ٠ 2 in 3 (69.8%) had seen a dentist in the past 12 months past 12 months past 12 months 1 in 2 (55.9%) had seen a doctor or ٠ 2 in 3 (65.9%) had seen a doctor or ٠ 2 in 3 (64.6%) had seen a doctor or nurse for a check-up or physical exam in nurse for a check-up or physical exam in nurse for a check-up or physical exam in the past 12 months the past 12 months the past 12 months 1 in 6 (17.2%) were without parent/adult ٠ 1 in 5 (21.6%) were without parent/adult ٠ 1 in 4 (23.8%) were without parent/adult ٠ supervision for ≥ 3 hours after getting supervision for ≥ 3 hours after getting supervision for ≥ 3 hours after getting home on an average school day home on an average school day home on an average school day

Table 9 shows that <u>about two-thirds</u> of 6^{th} , 7^{th} , and 8^{th} graders had seen a dentist in the past 12 months. Table 9 also shows that <u>one in five</u> females and males were without parent/adult supervision for ≥ 3 hours after getting home on an average school day.

Table 9 shows that among **females**, about:

- 1 in 8 (13.1%) reported that there is gang activity in their school
- 1 in 8 (12.1%) had trouble learning, ... because of health problems or disability
- 1 in 6 (17.0%) got \leq 5 hours sleep on an average school day
- 2 in 3 (69.8%) had seen a dentist in the past 12 months
- 2 in 3 (64.2%) had seen a doctor or nurse for a check-up or physical exam in the past 12 months
- 1 in 5 (20.9%) were without parent/adult supervision for ≥3 hours after getting home on an average school day

 Table 9 shows that among males, about:

- ♦ 1 in 6 (17.1%) reported that there is gang activity in their school
- ♦ 1 in 8 (11.6%) had trouble learning, ... because of health problems or disability
- 1 in 7 (14.1%) got \leq 5 hours sleep on an average school day
- 2 in 3 (64.7%) had seen a dentist in the past 12 months
- ♦ 3 in 5 (59.9%) had seen a doctor or nurse for a check-up or physical exam in the past 12 months
- 1 in 5 (20.7%) were without parent/adult supervision for ≥3 hours after getting home on an average school day