2017 PRENATAL PARENTING CLASSES

Family and Community Health Education and Outreach Section Forsyth County Department of Public Health

> 799 Highland Avenue Winston-Salem, NC 27101 Phone: 336-703-3206 Fax: 336-727-8034



| SERIES 1 | SERIES 2 | SERIES 3 |
|----------|----------|-----------------|
| 1-25-17 | 3-29-17 | 5-24-17 |
| 2-1-17 | 4-5-17 | 5-31-17 |
| 2-8-17 | 4-12-17 | 6-7-17 |
| 2-15-17 | 4-19-17 | 6-14-17 |
| 2-22-17 | 4-26-17 | 6-21-17 |
| 3-1-17 | 5-3-17 | 6-28-17 |

| SERIES 4 | SERIES : |
|----------|----------|
| 7-26-17 | 9-27-17 |
| 8-2-17 | 10-4-17 |
| 8-9-17 | 10-11-17 |
| 8-16-17 | 10-18-17 |
| 8-23-17 | 10-25-17 |
| 8-30-17 | 11-1-17 |

Class size is limited to 25 - Pre-Registration is Required!

TOPICS INCLUDE:

- Basic Infant Care and Child Development
- Injury Prevention and Breastfeeding
- □ Nutrition, Feeding and Infant Dental Health
- □ Safe Sleep, SIDS and Shaken Baby Syndrome
- Immunizations and Common Illnesses
- ☐ Family Planning and Family Dynamic

CLASSES AND LOCATION:

All classes are held on Wednesday at 4:30 to 6:00 p.m. at the Forsyth County Department of Public Health in MR2.

A light snack will be provided and remember to attend each session to earn points to shop with from our new Baby Boutique at the end of the series!

