## **THE CRIBS FOR KIDS PROGRAM PRESENTS**

SAFE

ZONE



# EDUCATING EXPECTANT FAMILIES ON SIDS RISK REDUCTION BY MAINTAINING A SAFE SLEEP ENVIRONMENT AND PREVENTING INJURIES WITH CAR SEAT EDUCATION.

### **2nd MONDAYS OF EACH MONTH**

**MEETING LOCATION:** Forsyth County Department of Public Health, Meeting Room 2

#### **ENGLISH CLASSES**

- **July 9, 10:00-11:30 a.m.**
- **August 13, 4:00-5:30 p.m.**
- **September 10, 10:00-11:30 a.m.**
- **October 8, 4:00-5:30 p.m.**
- □ November 5, 10:00-11:30 a.m.\*
- December 10, 4:00-5:30 p.m.

### **SPANISH CLASSES**

- **July 9, 4:00-5:30 p.m**
- **August 13, 10:00-11:30 a.m.**
- **September 10, 4:00-5:30 p.m.**
- **October 8, 10:00-11:30 a.m.**
- □ November 5, 4:00-5:30 p.m.\*
- December 10, 10:00-11:30 a.m.

All classes will be facilitated by the **Cribs for Kids Coordinator**. For more information, please call **(336) 703-3194** 

\*This class will be held on the first Monday of the month due to the Veteran's Day holiday.