# **Cleaning Up Take-Home Lead Dust in your Home and Car**

The most effective method for removing lead dust combines vacuuming and wet wiping. Follow the instructions below, first HEPA vacuum then wet clean surfaces.

### Using a HEPA vacuum

Clean all horizontal surfaces with a HEPA vacuum. These are equipped with a High Efficiency Particulate Air Filter. Be sure to wet clean dust traps such as windows, radiators, air vents/registers and ceiling fans. Do **NOT** open or change the vacuum filters and bags inside the home.

### **Cleaning up lead from carpets**

- Only use a vacuum with a HEPA filter and a beater bar. Not all vacuums will clean up lead dust.
- Do **NOT** use bag-less vacuums, canister vacuums without bags or filters, or car wash vacuums.
- Vacuum the room in one direction, and then repeat in the other direction.
- Vacuum slowly.
- Put used vacuum bag or filter in **outside** trash when finished.
- Area rugs can be cleaned with same methods or machine washed separately. Clean both sides and under rugs.



#### Cleaning up lead from clothes and other soft items

- Curtains, clothing, bedding, and cushion covers exposed to lead, should be machine washed **separately** from items that were **NOT** exposed to lead.
- Use standard all-purpose detergent.
- Add **extra** rinse cycle before drying.
- Heavily contaminated furniture or mattresses should be thrown away.

## Lead cleaning guidelines

- Pregnant women and children should **NOT** clean up lead dust.
- Remove children and pets from area while cleaning.
- Clean the highest surface first and work down. Work from cleanest areas to dirty. Clean floors last.
- Wear protection, such as gloves and a mask.

## Cleaning up lead from hard surfaces

- Use the wet cleaning method.
- Use all-purpose cleaning detergent.
- Avoid using bleach.
- NEVER mix cleaners.
- See other side of this fact sheet for details on cleaning up lead from hard surfaces.

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□ Floors/walls	□ Handles/knobs	□ Rugs	□ Car mats/rugs*		
□ Shelves	□ HVAC vents	Couches/chairs	□ Child car seat		
Counter tops	□ Dishes	□ Beds	Car dashboard/doors		
□ Tables	$\Box$ Toys (hard and soft)	□ Curtains	□ Car steering wheel		
□ Window sills	Doormats	□ Clothing	Pets		
*Consider replacing car rugs with plastic mats for easier cleaning					

## Cleaning up lead from small surfaces (window sills, counter tops, shelves)

Step 1

Water +

detergent

- Use disposable papers towels, if possible.
- Use the method of clean, dispose, rinse, dispose.
- Change out water when it appears dirty.
- Flush dirty water down the toilet, **NOT** outside.
- Put used towels in outside trash when finished cleaning each room.
- Use all-purpose cleaning detergent.
- Avoid using bleach.

## Cleaning up lead from large surfaces (uncarpeted floors)

• Prepare 3 buckets and a mop.







- Add all-purpose cleaning solution to *bucket 1* and use to mop surfaces.
- Wring out dirty water from mop in *bucket 2*.
- Fill *bucket 3* with clean, warm rinse water and use to remove soapy film with mop.
- Again, wring out dirty water from mop in *bucket 2*.
- When practical, start with cleanest areas and work to dirtiest areas.
- Dispose of mop head in outside trash can.
- Flush dirty water from *bucket 2* down toilet, **NOT** outside.

## **Other considerations**

- For cleaner carpets consider steam cleaning after vacuuming.
- Clean surfaces regularly to prevent dust build-up.
- Heavily contaminated homes and cars require professional lead removal cleaning services.

## For more information

- Contact your local health department to have your family tested for lead in their blood.
- Contact Adult Blood Lead Epidemiology and Surveillance (ABLES) at (919) 707-5940.
- Contact Children's Environmental Health at (919) 707-5950.



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES Division of Public Health For additional information about lead visit: nchealthyhomes.com



Step 2

clean

rinse

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Thanks to Washington State Department of Labor and Industries for information used in this publication.