HEALTHY START BABY LOVE PLUS CHILDBIRTH CLASSES 2018

Presented by:

Forsyth County Department of Public Health

799 Highland Avenue Winston-Salem, NC 27101



| SERIES 1 | SERIES 2 | SERIES 3 |
|-------------|-------------|-------------|
| 6:00-8:00pm | 6:00-8:00pm | 6:00-8:00pm |
| 1-25-18 | 3-29-18 | 5-31-18 |
| 2-1-18 | 4-5-18 | 6-7-18 |
| 2-8-18 | 4-12-18 | 6-14-18 |
| 2-15-18 | 4-19-18 | 6-21-18 |
| 2-22-18 | 4-26-18 | 6-28-18 |

| SERIES 4 | SERIES 5 |
|-----------------|-----------------|
| 6:00-8:00pm | 6:00-8:00pm |
| 7-26-18 | 10-4-18 |
| 8-2-18 | 10-11-18 |
| 8-9-18 | 10-18-18 |
| 8-16-18 | 10-25-18 |
| 8-23-18 | 11-1-18 |



Location: MR 2 (near the main lobby)

CLASS PARTICIPANTS NEED TO BRING THE FOLLOWING ITEMS:

- 1. (1) soft pillow and a chair cushion
- 2. Blanket/exercise mat
- 3. Medicaid insurance card (if applicable)
- 4. Support person (Father, friend, family)

TO REGISTER FOR EVENING CLASSES PLEASE CONTACT:

Family & Community Health Education 336-703-3206 Or e-mail putnamal@forsyth.cc

PLEASE NOTE: CLASSES ARE NOT FREE!!

Non-Medicaid patients are charged the following: **\$55.00 for the Series**. Scholarships are available. Medicaid patients accepted.