July/August 2009

Forsyth County 4-H 1450 Fairchild Drive Winston-Salem, NC 27105 336-703-2850 http://www.forsyth.cc/CES 4h@forsyth.cc



## **Inside THIS Issue**

Centennial Celebration	2
4-H Model Horse Show	2
<b>Project Learning Tree</b>	2
Teen Trailblazers	3
<b>Communication Contest</b>	4
District Activity Day	5
Keepin' It Rural	5
Trailblazers 4-H Club	5
Calendar of Events	6

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We hope that you have decided to take advantage of our 4-H Summer Adventures programming. We have had some fabulous classes and there are many more to come before school starts in August. Our goal is to enrich your summer and for you to have fun doing it. If you have a program you would like to see

offered next year or have feedback about this years programs feel free to let us know.

Stay tuned for the release of some exciting new 4-H clubs. If you would like to join a club please let us know and we'll make sure to put you on our list. If you would like to help start a club your area please let us know that as well. We will do a training on EITHER, Monday, August 24th or Thursday, September 3<sup>rd</sup>. Please let us know which date works best for you at either 703-2855 or at 4H@forsyth.cc.

Making the best better,

April W. Bourman

April Bowman



Amanda Cochran

Donald Mebane



- If your club is interested in creating a booth for the Dixie Classic Fair, please let us know. There are a limited number of spaces available.
- Look inside for info about 2009 **4-H Centennial Homecoming!** Be there or be square!
- See our Calendar of **Events** for a few of our Summer Adventures Program listings.
- Don't forget that Keepin' it Rural videos are due on Oct. 31st.

We are selling our **Forsyth** County 4-H t-shirts for \$7 (green, tie-dye). Please pre-order by July 31st.





State University A&T State University Empowering People • Providing Solutions

#### **Model 4-H Horse Show**

July 25, 10:30 Registration Cost \$2.00 per class Glenn View Baptist Church Multi-Purpose Bldg, 4275 Glenn Hi Rd, W-S



Come exhibit your plastic or resin model horses in a horse show. Ribbons and Rosettes will be awarded. Proceeds benefit the Forsyth County 4-H Saddle Club.

#### Visit

http://forsythsaddleclub.tripod.com/id3.html or call Lisa Proctor at 769-0373 for more information.

# NORTH CAROLINA 4-H CENTENNIAL HOMECOMING

Tuesday, July 21, 2009 NC State Fairgrounds



For more information visit: www.nc4h.org www.forsyth.cc/CES

# etolect Learning Tree Workshop

# Join fellow educators for a great workshop on Project Learning Tree!

Project Learning Tree (PLT) is an interdisciplinary environmental education curriculum designed for educators of ANY background. The 96 Pre K-8 Activities are correlated to the NC Standard Course of Study in the areas of language arts, math, science, and social studies.

The hands-on activities facilitate the exploration of topics including communication, economics, energy and fuels, geology, government, history, recycling, transportation, watersheds, wildlife and much more!

For more information about NC PLT visit: http://www.ces.ncsu.edu/nreos/forest/plt/

Rockingham County 4-H is bringing this great workshop and curriculum to you!

Wednesday, August 19, 2009 Betsy Jeff Penn 4-H Center in Reidsville 8:30am to 3:30pm

A box lunch will be brought in for \$5 per person or you may bring your own lunch.

The workshop and materials are provided free of charge!

#### PASS THE WORD!

Please register for this workshop no later than July 31, 2009 by contacting Morgan Maness, 4-H Agent at the Rockingham County 4-H office at (336) 342-8248 or morgan\_maness@ncsu.edu

\*\*\*\*<u>CEU renewal credits are available.</u> This workshop qualifies for Criteria I of the North Carolina Environmental Education Certification Program.\*\*\*

## Well hi there fellow 4-H'ers!

2009 has just flown by, hasn't it? It seems like just yesterday we were discussing plans for NC 4-H's centennial, and then, BAM!, it's here!

Of course, that isn't to say that we've been sitting at home on our couches saying 'yay 4-H' while waving green pinwheels, nor does it mean that we've had green-colored birthday cake everyday for breakfast this year, and now our teeth look like a leprechaun's (leprechauns have green teeth, don't they?). No, it means much more than that. It means that 4-H'ers all across the state are doing more awesome 4-H-ey things than every before!

Take for instance the Trailblazer Teens 4-H club. This year, we've done more things than I can count. We've decided to take the \$6,000 we've raised for building a school in a third-world country, and go ahead and donate it to a school in **Africa**. This was a big decision for our club because we've been raising money for two years now. We're quite pleased, I might add.

We also had fun serving a meal at the

Winston-Salem Rescue Mission's **New Life Center**. Who knew making "Sloppy Joes" could be so much fun? But it was, fun, and between over-sized bites and yes, all-around sloppiness, the atmosphere was so friendly and welcoming. We had the opportunity to meet and talk with so many of the men staying in the New Life Center, and we were able to hear so many amazing stories! Our club has

4-H Entertains had a huge number of participants this year, in comparison to last year's crowd (two groups last year. Cool, but it's kind of nice to have a whole show's worth, don't you think?). And there were quite a few participants in the 4-H presentation competition as well.

elected to serve meals there on a regular basis.

District Activity Day was a blast! The



competition on the presentation floor was fierce, but a lot of Forsyth County 4-H'ers made it through to state! The talent stage alone was a sight to behold, showcasing everything

from songwriters and composers, to interpretive dancers, to Forsyth County's own 4-H Acoustic

Band, clad entirely in pirate and/or detective costumes. Oh yes. We attempted to raise the bar from our "Tribute to Chicken Bob" performance last year. Did we succeed?



Perhaps. But Bob will always hold a special place in my heart... I just like to imagine that he's happy, somewhere in the big coop up in the sky...

Ah, nostalgia. And maybe that's what the centennial is really about. Maybe it's about looking back on what we've accomplished as 4-H'ers in the hundred years we've been in North Carolina. Maybe it's not about green cake or shiny shamrock pinwheels...

And maybe it's not about just looking back at all we've done. Maybe it's about looking towards the future, and seeing what we can do-how to make the best better, if I'm allowed to borrow the almost-cliché.

The Trailblazer Teens have already changed things a little in our 4-H group. We're

hammering out by-laws that we've never even thought of before. We're "appointing more committees and attempting more projects.

Are we trying to re-invent ourselves? Not really. But maybe that's the magic of this centennial celebration. Maybe there's a little bit of green pixie dust that's sprinkled on 

makes us do things we never thought we could before.

Or maybe I've just had one too many slices of green cake. All that coloring can't be good for you.

Either way, 4-H sure has come a long way in 100 years. And I think we can make the next century even better.

> Respectfully submitted, Jessica Goodard Reporter Teen Trailblazer's 4-H Club

Cloverline Page 3

"Maybe it's about

looking towards

"the future, and

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better.

# \*\*\*\*\*\*\*\*\*\* County Communication Contest Winners: \*\*\*\*\*\*

#### **Beef Photo**

9-12	Animal Category Landscape Category	Ben Seats Hope Arrowood	2 Cows and a Pasture Pleasant Pasture
	1 0 1	*	
13-15	Animal Category	Bryan Richardson	Down on the Farm
Beef Poster			
9-12	Grant Wise	The Power of Protein	
13-16	Bryan Richardson	The Power of Protein	

Architect



Dairy Poster by David Allen Pledger

#### **Career Poster**

9-10	Hope Arrowood	Lifeguards
11-13	Laura Hutchins	Career Exploration

#### **Dairy Poster**

14-18 Nathan Barrick

9-12	David Allen Pledger	Fuel Up With Milk
13-15	Judah Mitchell	Fuel Up With Milk

### **Poultry Poster**

9-12	Clayton Jarrard	Wild and Wacky Waterfowl
13-15	Laura Hutchins	Wild and Wacky Waterfowl
Horse	Communication	•



9-13	Laura Hutchins	Photography
14-18	Nathan Barrick	Photography
9-13	Laura Hutchins	Drawing
9-13	Laura Hutchins	Poster



Poultry Poster by Laura Hutchins

## **4-H Photography Contest**

9-12	4-H in Action	Hope Arrowood	Blueberry Har-
vest			
9-12	Nature's Beauty	Ben Seats	Cow Buddies
9-12	4-H Centennial	Hope Arrowood	
9-12	4-H Centennial	Samuel Barrick	
13-18	4-H in Action	Bryan Richardson	Follow the Leader
13-18	Nature's Beauty	Laura Hutchins	A Quiet Evening

Nathan Barrick



Horse Poster by Laura Hutchins

North Carolina 4-H's Operation: Military Kids (OMK) program was proud and excited to hold the Second Annual OMK Visual Arts Contest. The contest was designed to introduce youth (military and non-military) to photography as a part of the 4-H Expressive Arts Curriculum. The age categories are 5-8 years old, 9-10 years old, 11-12 years old,

13-15 years old, and 16-18 years old. Congratulations to the following participants:

#### **Grand Champion**

13-18 4-H Centennial

Brian Phagan - Forsyth County

#### **Best of Show**

Hope Arrowood (9-10 year old) - Forsyth County Brandon Phagan (11-12 year old) - Forsyth County



Photo by Brain Phagan

# **District Activity Day**

Congratulations to all of our medalists and participants!



#### **Gold Medalists**

Adam Crawford—Pork Cookery, 14-18
Nathan Barrick—Electricity, 14-18
Grant Wise—Livestock & Dairy, 9-10
Allison Wise—Bugs & Bees, 11-13
BJ Hutchins—Fisheries & Aquatic, 9-10
Laura Hutchins—Public Speaking, 11-13
Hope Arrowood—Hort. Prod., 9-10
April Mendenhall—Vet Science, 14-18
Hope Arrowood—Career Poster, 9-10
Nathan Barrick—Career Poster, 14-18

#### **Silver Medalists**

Brandon Joyce—Public Speaking, 14-18 Seth Barrick—Science & Tech., 14-18 Elizabeth Goodard—Public Speak., 11-13 Meghan Crawford—Health & Fit., 14-18

#### **Bronze Medalists**

Jessica Goodard—Public Speaking, 14-18 Samuel Barrick—Small Animals, 11-13 Laura Hutchins—Career Poster, 11-13

#### **Blue Ribbons**

Forsyth County Acoustic Band—4-H Entertains, "Movie Themes". Coached by Bobby & Jennifer McCallister. Members included: Jessica Goodard, Elizabeth Goodard, Seth Barrick, Nathan Barrick, Hope Arrowhead, April Mendenhall, Kabe McCallister, Lindsey Hooker, Timmy Chatman, Samantha Miller, Sidney Hooker, Cali Fulp, Bryson Fulp, Alex Arrowood.

Laura Hutchins—4-H Entertains, "Danny Boy", piano and vocal solo.

#### **Honorable Mention**

David Allen Pledger-Wildlife, 11-13



# Keepin' it Rural

# Do you appreciate what it means to "keep it rural"?



To breathe fresh air in wide-open spaces? To sit on your porch and hear the crickets instead of the traffic? To eat food fresh from the land? To wish upon stars that you can actually see in the night sky? To be close to nature?

Want to show off how you keep it rural, maybe win some cash to boot? Dig out your funniest, most inspiring, unusual, bizarre and amazing farm—or rural-themed videos. Or, get out your video camera and make some new ones. Send your best videos and you could win in the Keepin' It Rural Video Contest. Videos are due by October 31st.

Find out more at: www.ikeepitrural.com

# Trailblazers 4-H Club Reports

In May the Trailblazers helped bring "spring" to the residents of Kerner Ridge Assisted Living home. We planted flowers in the courtyard area there at Kerner Ridge, & we also gave the residents about 15 flowers that we had planted in pots. We planted almost 7 flats of donated plants. They were donated by the horticulturist agent Craig Mauney and the volunteers at Tanglewood Arboretum.

Our monthly meeting was spent planting the flowers in pots, planning a bird party for Kerner Ridge & discussing our plans for our 4H float in the July parade.

> Katie Winemiller :-) Reporter

# **Coming Events**

Below are some upcoming dates. Contact us for more information on any of these events. <a href="http://www.forsyth.cc/CES">http://www.forsyth.cc/CES</a> 4H@forsyth.cc 336-703-2850

## **Summer Adventures Program= S.A.P.**

July 1	S.A.P., It's Soil Fun, 9:30-4:00
July 2	S.A.P., Horse Judging, 9:00-12:00
July 7-8	S.A.P., Creative Careers, 9:00-3:00
July 13-15	Electric Congress
July 13-15	S.A.P., The Environment and You, 9:30-3:30
July 15-16	State Livestock Judging and Skillathon
July 16	S.A.P., Photography/Scrapbooking, 9:00-4:00
July 20	S.A.P., Kids Krafts, 9:00-4:00
July 20-24	4-H Congress in Raleigh
July 20	2009 4-H Horticulture Contest 1:00 pm,
•	http://www.ces.ncsu.edu/4hplantandsoils/hortcontest.html
July 21	State 4-H Presentations
July 21	Centennial Kick-Off, Raleigh
July 24	S.A.P., Your First Quilt, 9:00-4:00
July 25	Model Horse Show, 10:30am
July 27	S.A.P., (2 <i>different</i> sessions) It's Electric, 9:00-12:00 & 1:00-4:00
July 28	S.A.P., Parliamentary Procedure, 8:45-3:45
July 29-30	S.A.P., Acres of Adventures, 9:00-3:00
August 3-7	S.A.P., Chef and the Child, 9:30-12:00
August 11	S.A.P., Get Up and Get Moving, 9:00-4:00
August 17	S.A.P., Come Fly With Me, 9:00-4:00
August 19	Project Learning Tree, Reidsville, 8:30-3:30
August 20	S.A.P., Name That Tune, 9:30-11:30
August 24	New Club Leader Training, 6:30 Location TBA
September 1	County Council, 4:30 (11-18 year olds)
September 3	New Club Leader Training, 6:30 Location TBA
September 14-19	Stokes County Fair, King NC
October 2-11	Dixie Classic Fair
October 3	Big Sweep <a href="http://www.ncbigsweep.org">http://www.ncbigsweep.org</a>
October 4-10	National 4-H Week
October 15-25	NC State Fair
October 31	Deadline for "Keepin it Rural" video contest



November 11

Parliamentary Procedure Competition, Forsyth CES