

FORSYTH COUNTY

BOARD OF COMMISSIONERS

MEETING DATE: OCTOBER 12, 2015 AGENDA ITEM NUMBER: 10

SUBJECT: RESOLUTION AUTHORIZING EXECUTION OF A CONTRACT BETWEEN FORSYTH COUNTY AND NOVANT HEALTH, INC. FOR THE PROVISION OF CORPORATE WELLNESS SERVICES (HUMAN RESOURCES DEPARTMENT)

COUNTY MANAGER'S RECOMMENDATION OR COMMENTS: Recommend Approval

SUMMARY OF INFORMATION:

See attached

ATTACHMENTS: YES NO

SIGNATURE: *J. Dudley Watts, Jr. / KMH* DATE: October 7, 2015
COUNTY MANAGER

**RESOLUTION AUTHORIZING EXECUTION OF A CONTRACT BETWEEN
FORSYTH COUNTY AND NOVANT HEALTH, INC. FOR
THE PROVISION OF CORPORATE WELLNESS SERVICES
(HUMAN RESOURCES DEPARTMENT)**

BE IT RESOLVED by the Forsyth County Board of Commissioners that the Chairman or County Manager and Clerk to the Board are hereby authorized to execute, on behalf of Forsyth County, the attached contract between Forsyth County and Novant Health, Inc. in an estimated amount of \$250,000 for the provision of corporate wellness services, for Forsyth County employees and retirees, subject to a pre-audit certificate thereon by the Chief Financial Officer, where applicable, and approval as to form and legality by the County Attorney. The original contract is incorporated herein by reference.

BE IT FURTHER RESOLVED that the County Manager is hereby authorized to execute, on behalf of Forsyth County, subsequent contracts or contract amendments with this provider for these services within budgeted appropriations in current and future fiscal years if these services are necessary.

Adopted this the 12th day of October 2015.

**SECOND AMENDMENT TO
CORPORATE WELLNESS SERVICES AGREEMENT**

THIS SECOND AMENDMENT ("Amendment") to the Agreement between **Novant Health, Inc.**, Department of Corporate Wellness ("Novant") and **Forsyth County**, on behalf of its Department of Human Resources ("County") dated July 2, 2013, as amended ("Agreement").

WHEREAS, County offers various health care benefits to its plan beneficiaries and Novant provides corporate wellness services to employers and their sponsored plans, and

WHEREAS, Novant and County desire that additional services be provided.

NOW, THEREFORE, the parties, in consideration of the foregoing and other good and valuable consideration, amend the Agreement as set forth below:

1. Paragraph 1 is hereby amended by deleting it in its entirety and replacing it with the following:

1) Term. The renewal term of this Agreement shall end at midnight on June 30, 2016 ("Renewal Term").

2. Exhibit A is hereby amended by deleting it in its entirety and replacing it with the attached Exhibit A.

3. All other terms of the contract shall remain in full force and effect.

IN WITNESS WHEREOF, the parties have executed this Agreement as of this the ____ day of ____, 2015.

NOVANT HEALTH, INC.

By: _____

Attest:

FORSYTH COUNTY

By: _____

By : _____

Title: _____

EXHIBIT A

Biometric screening:

Non-invasive (finger stick) cholesterol/glucose screenings are conducted and analyzed. Output includes total cholesterol, HDL, LDL, cholesterol ratio, triglycerides, and glucose. Blood pressure is checked and is documented together with heart rate. Body Mass Index (BMI) is calculated and waist circumference is measured. A1C testing is also included.

Group Aggregate Assessment Reports will contain de-identified aggregate information to ascertain the health risks identified by the screening services.

Health Coaching

The frequency of health coaching will be determined by each individual's risk stratification. The health and wellness coaches will visit up to 4 key government locations to meet with employees in a face-to-face, private manner. Eligible retirees and spouses are able to receive coaching visits via telephone in addition to face-to-face visits.

The health coaches and Novant Health clinical operations team will have exclusive access to biometric screening and health risk assessment (HRA) results. Every employee who participates in the biometric screenings will receive one health coaching visit at the time of their screening to review their biometric screening results.

- Employees stratified as self-management/low risk are given the option of one (1) additional health coaching visit throughout the year.
- Employees who are wellness management/moderate risk should meet with the health coach three (3) times per year beyond their initial screening results coaching session.
- Condition management/high risk employees should meet with the health coach 4 times per year beyond their initial screening results coaching session.

Employees are responsible for scheduling their coaching visits. A 24 hour cancellation notice, given during business hours, is required in order to avoid incurring the cost of a scheduled health coaching visit. Employer will be charged \$37.13 per coaching session in the event the employee fails to cancel an appointment within 24 hours or fails to show up to a scheduled appointment.

Fees

Health coaching (on-site & by telephone):

Self-Management	\$37.13
Wellness Management	\$25.75
Condition Management	\$37.13
No Show	\$37.13

Biometric Screening, Assessment & Initial Coaching Session	\$40 per employee
Repeat Biometric Screening for Condition Management	\$15 per employee
Onsite education for specific health topics	\$150/hour/educator
<i>Solutions for Smokers</i> Tobacco Cessation Program \$35/kit/participant	\$1,000/program +
<i>Journey to a Healthier You</i> lifestyle management program	\$2,000/program

Other Expenses

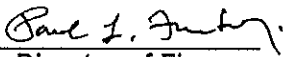
In the event the County elects to provide gift card rewards to participants to reward employees participation and/or achievement or success, up to a total of \$5,000 will be included in this Agreement for that purpose. Novant will purchase the cards and subsequently bill the County for this cost. The County will determine the criteria for awarding the cards to the employees. The process of card distribution will be mutually agreed upon by both Novant and the County.

If County cancels the Services within the 7 days prior to a scheduled event, County will be responsible for payment in full for all Services.

This instrument has been preaudited in the manner required by the Local Government Budget and Fiscal Control Act.

9/14/2015

Date


Director of Finance